

Mounting Instructions – Replacement Mattress with Multiplex Board

Replacement on the Kitama Thai massage table · Width 80 / 100 / 120 cm · also for other wooden frames

2 people
for turning, carrying and aligning

Cordless screwdriver
with bit and low torque

Included
6 brackets and 24 wood screws (25 mm)

Space
approx. 3 × 2 m clear, soft underlay (cardboard or blanket)

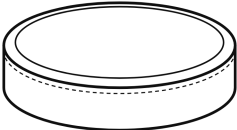
⚠ Please read before replacing

- The replacement mattress weighs approx. 30–35 kg, the table considerably more – always carry and turn with two people.
- Use the 25 mm screws supplied. In the approx. 1 cm multiplex board the tips enter the foam minimally – this is normal and cannot be felt from outside. Do not overtighten the screws.
- Work on a soft underlay so the faux leather cover does not get scratched.
- The replacement mattress is not identical to the original mattress: it has a different foam core (6.5 cm bonded foam) and is fixed to the frame with brackets.

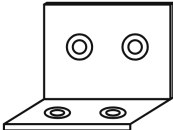
Parts & Materials



A Replacement mattress – with multiplex board (approx. 1 cm) and face hole, 1 pc.



B Face hole plug cushion – round plug, fits exactly into the face hole and sits flush with the lying surface, 1 pc.



C Mounting brackets – zinc-plated, 2 holes per leg, 6 pcs.

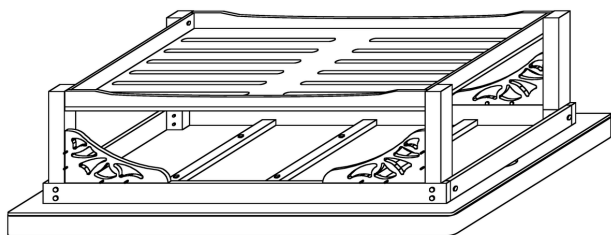


D Wood screws – countersunk, 25 mm, 24 pcs. (4 per bracket)

Screws & Tools

Where	Screws	Note
Bracket → multiplex board	2 × 25 mm per bracket	tips enter the foam minimally – normal; do not overtighten
Bracket → frame rail	2 × 25 mm per bracket	pre-drill hard wood with Ø 2 mm so it does not split
Tools	Cordless screwdriver with Phillips bit, wood drill Ø 2 mm if needed, pencil	–

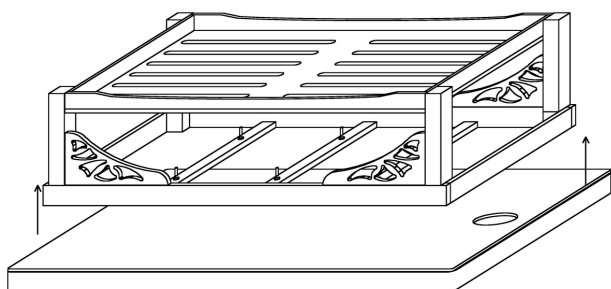
Step by step



1 Turn the table over

With two people, turn the table over and place it legs up on a soft underlay.

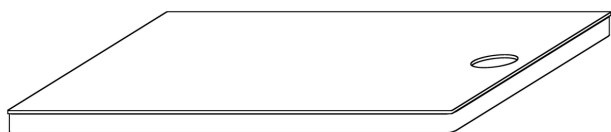
Tip: Hold it by the frame and legs, not by the decorative panels.



2 Remove the old mattress

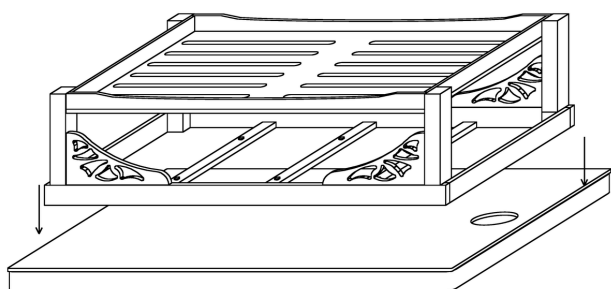
Undo the **6 screws on the 3 cross braces** (2 per brace) and, with two people, lift the table off the old mattress.

Legs, decorative panels and shelf stay mounted.



3 Lay down the replacement mattress

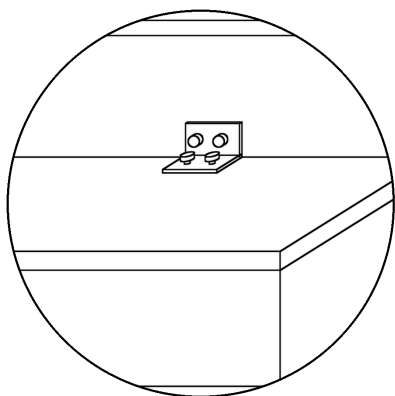
Place the replacement mattress with the **upholstered side down** on the soft underlay. The multiplex board faces up.



4 Place & align the table

Set the upturned table on the mattress and centre it: the face hole is at the head end, and the mattress **overhangs evenly all round** (approx. 10 cm).

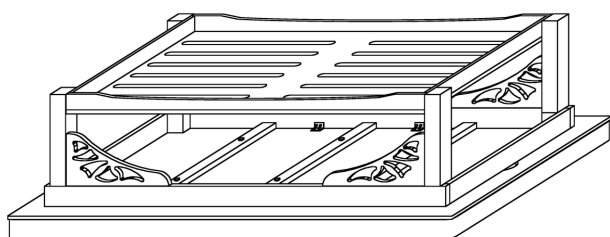
Tip: Measure on all four sides with a folding rule and mark the position of the frame with a pencil.



5 Screw on with brackets

Connect frame and mattress with the **6 brackets supplied**. Place the brackets on the inside of the frame: one leg against the frame rail, the other flat on the multiplex board.

- 2 brackets on each long side, 1 on each end – between the cross braces.
- Per bracket **2 screws 25 mm** into the multiplex board – with low torque until the head sits flush.
- Per bracket **2 screws 25 mm** into the frame rail – pre-drill hard wood.



6 Turn over – done!

With two people, turn the table back onto its legs. If needed, press the plug cushion flush into the face hole.

Retighten all screws once after approx. 2 weeks.

Other wooden frames

- For any sturdy wooden frame without a recess, proceed in the same way: lay the mattress upside down, place the frame on it, align it and screw it on with brackets.
- The frame should be slightly smaller than the mattress all round so that it overhangs evenly.
- Frame with a recess? Then check the inside dimensions first – or use our floor mattress without a wooden board for inserting.

Questions about the replacement?

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